



Earlscliffe

Earlscliffe Football Academy

All abilities - girls and boys - ages 15-19



Football and study,
intelligently
combined

In partnership with
Tottenham Hotspur Football Club

Tottenham Hotspur Football Development

Coaching and Player Pathways

A full-time football and academic pathway - combining high-quality coaching, academic study and university preparation

Football with purpose

Our partnership with Tottenham Hotspur develops technically proficient, tactically intelligent, physically robust and mentally resilient footballers who are serious about sport and their future.

Players will also benefit from

- UK qualifications such as A-levels
- Boarding school structure
- Pastoral care and support
- High-quality football coaching

Who is this programme for?

- Ambitious students aged 15+ wanting to compete at a high level
- Players who understand that education underpins opportunity
- Families seeking a credible, structured route into US higher education
- Young people motivated by long-term outcomes

Daily Coaching Sessions

Spurs coaching sessions embedded alongside a full academic timetable.

High-Quality Training Environment

Advanced skills, individual high-performance development and competitive fixtures.

Authentic Club Immersion

Matchday experiences and visits to the Spurs Training Centre.

Athlete Development

Integrated S&C programme, nutrition education, individual targets and termly reviews.

US University Pathway

SAT and exam prep plus scholarship-focused advice for those pursuing US universities.



Sample Timetable

Tottenham Hotspur Football Programme

A sample week at Earlscliffe combines academic study intelligently with the Tottenham Hotspur football academy programme.

Below is a timetable of someone studying the following A-levels on our football academy programme:

- Geography
- Business
- Level 3 Certificate in Sport (equivalent to 1 A-level)
- Native language

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:30-08:45	Group Tutor	Spurs Coach Meet	Group Tutor	Spurs Coach Meet	Group Tutor	Free time	Rest and recovery and free time to study etc
08:45-10:15	Business	Football: Tactical sessions at 3 Hills	Geography	Football: Coaching at 3 Hills	Business	Football: Analysis and tactical review	
10:15-10:30	Break	Break	Break	Break	Break	Break	
10:30-12:00	Pearson Extended Certificate in Sport	Business	Football: Coaching At 3 Hills	EAP	Pearson Extended Certificate in Sport	Football: Technical Skills	Brunch
12:00-12:45	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Rest and recovery and free time to study etc
12:45-14:15	Geography	Pearson Extended Certificate in Sport	Business	Pearson Extended Certificate in Sport	Geography	Football: Coaching At 3 Hills	
14:15-14:30	Break	Break	Match: Kent interschools 11 aside league under 19s	Break	Break		
14:30-16:00	EAP	Geography	PSHE	Business	Football: Coaching At 3 Hills	Free time	
16:00-16:45	Own language	Football: Strength and conditioning In gym		Football: Strength and conditioning In gym	EPQ		
16:45-18:00	Free time	Free time	Free time	Free time	Free time		Free time
18:00-19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00-21:00	Match: 6-aside indoor league	Study	Study Gym	Study	Free time	Free time	Study/ Boarding house activity



Player Development Philosophy

AUTHENTICITY

FA & UEFA-qualified coaches, embedded in the Club's Player Development Model.

PHILOSOPHY

Programmes built on the Club's tradition of flair, fluidity and attacking football.

PROGRESSION & DEVELOPMENT

Maximising every attendee's potential — as a player and a confident individual — with clear pathways for all abilities.

PREMIUM

Premium venues, facilities, equipment and service — start to finish.



WE WANT OUR PLAYERS TO BE:

- Forward thinking and confident in possession
- Exciting, unpredictable and dominant in 1v1s
- Composed and brave under pressure, taking controlled risks
- Able to break lines and penetrate with varied passing techniques
- Able to finish from anywhere, with variety
- Able to pass with range and combine through the thirds

Syllabus

Theme 1: Domination (Kudus work)

1v1 dominance — eluding, evading and advancing with forward intent.

Theme 3: Brilliant Basics

Both-footed passing, receiving and movement — angles, distances and in-the-moment execution.

Theme 5: Finishing

Finishing on the move with pace, skill and combinations — arriving into prime scoring areas.

Theme 2: Domination (Solanke work)

Receiving with back to goal — twists, turns and advancing forward.

Theme 4: Overloads

Dribble-or-pass decisions: when, where and how. Disguise, deception, execution.